

THE

TRAVEL

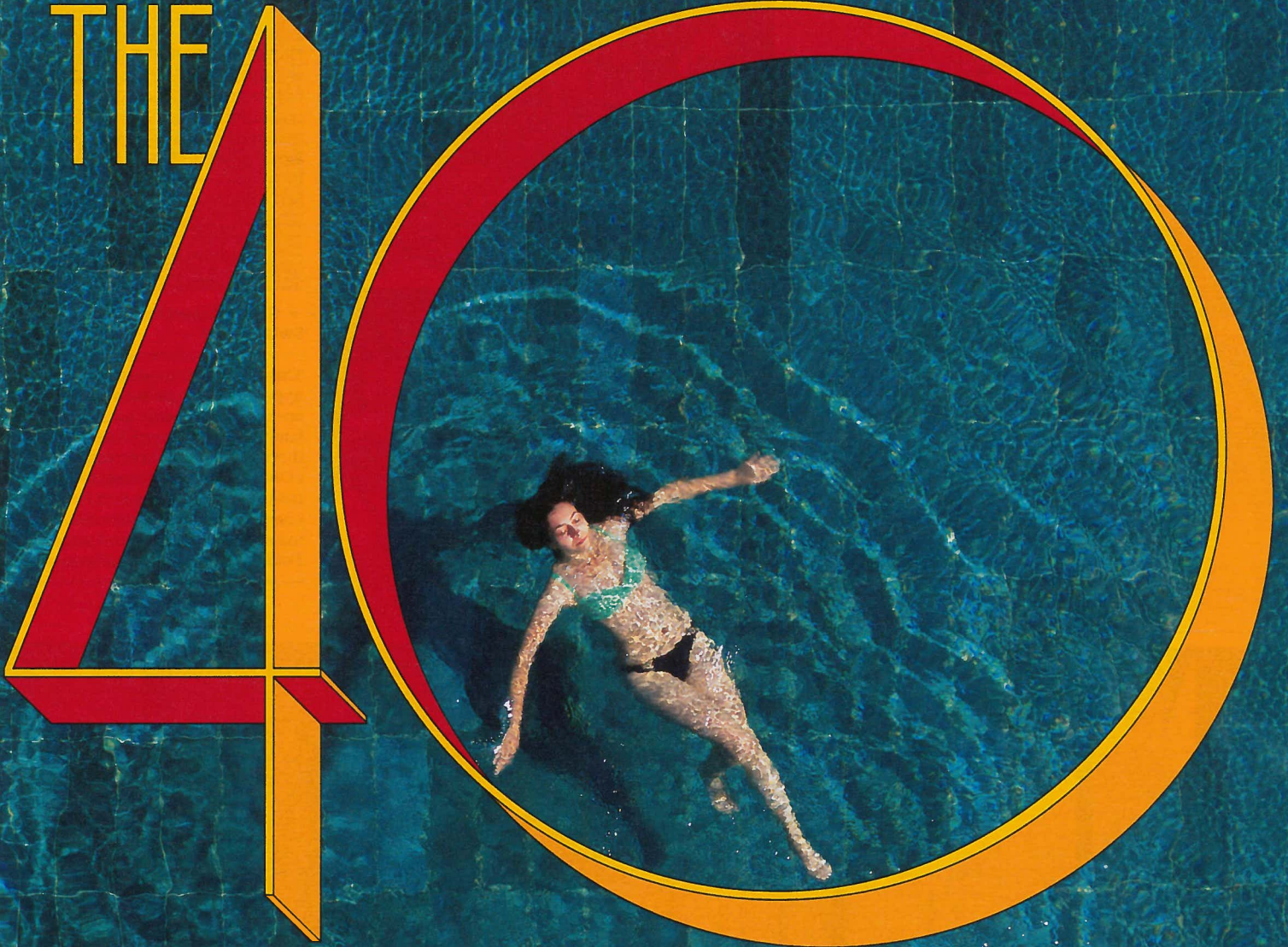
ISSUE

THE 40 BEST
SPAS IN THE WORLD

THE DOS AND DON'TS
OF A VILLA HOLIDAY

(AND IF YOU'RE NOT
PLANNING A GETAWAY...)
HOW TO TURN YOUR HOME INTO A HOTEL

THE



MOST MARVELLOUS SPAS
IN THE WORLD



By Francesca Syz

THE BEST FOR

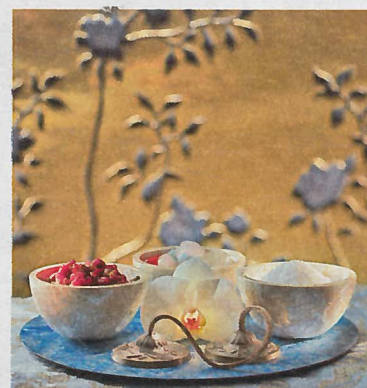
Sheer indulgence

From champagne retreats to English country gardens and Balinese deep breathing, where to spoil yourself



1 Thyme, Cotswolds

This elegantly rustic country house hotel launched its Meadow Spa in its own landscaped garden last autumn, with massages and facials using natural British brand Aurelia Probiotic Skincare. There's also a black-tiled, spring-water-fed swimming pool and later this month, a hot spring-water tub and a yoga and Pilates studio. *Doubles from £285; thyme.co.uk*



2 Mandarin Oriental Hyde Park, London

The Spa at Mandarin Oriental London reopened in December after last summer's fire, looking better than ever. It now has 14 treatment rooms, including the new Oriental Suite with two massage beds, a newly designed Pilates studio for Hollie Grant's Model Method Pilates workouts, a Chinese medicine room and a Bastien Gonzalez mani-pedi studio. *Doubles from £670; mandarinoriental.com*

3 Beaverbrook, Surrey

The newly opened Coach House Health Club & Spa is the final piece in the Beaverbrook puzzle, which also includes a hotel, restaurants, golf club and a cookery school. Here, the hotel's head gardener has worked on the treatment menu with local artisan companies like Pai Skincare to introduce medicinal plants, while treatment rooms overlook their own private gardens. *Doubles from £195 in the Garden House; beaverbrook.co.uk*



4 Finca Cortesin, Andalucia, Spain

This glamorous hideaway set in vast parkland in the Andalusian hills offers a Michelin-starred Japanese restaurant and an outstanding spa. There's a saltwater indoor pool, thermal areas and Spain's first Snow Cave. *Doubles from £510; fincacortesin.com*



5 Royal Champagne Resort & Spa, France

Few other hotels can claim to overlook Moët & Chandon vineyards. Reopened last spring after a four-year closure, the region's first destination spa offers personalised treatments by Biologique Recherche plus invigorating juice blends on tap, and is so decadently loungey that even the swimming pools and terraces are lined with chaise longues. *Doubles from £445; royalchampagne.com*

